

THE NEW EDITION

THE SPRINGBROOK BUZZ

Resident in the Spotlight

DECEMBER 2020



Jim Espe



- Hometown: La Crosse, WI
- Nickname: “Jimmy”
- High School: Aquinas High School
- Number of Siblings: 1 Brother
- Occupation: Working at the Sweet Shop
- Number of Children: No Children
- Birthday: February 8th
- Hobbies Past/Present: Reading the Newspaper
- A Fun Fact About Jim: If Jim could eat one thing for the rest of his life, he would choose to eat steak!



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Veterans Day November 11th

JANELLE OTTENS DEC. 2020

November 11th we took time to celebrate and honor not only our Veterans but the spouses of our Veterans passed.

Each Veteran was provided a certificate, a prayer, a flag pin, Veterans Day speech, a Veteran's poem, and a rose.

It was a day filled with gratitude from our many Veterans and many stories. As we passed our items, we found ourselves drawn into the stories of their service or their loved one's service. The pride each had in the stories they shared. Many of our residents have some incredible stories to share!

There were tears of sadness of loved ones that could not be with us and tears of thankfulness of the time given to acknowledge Veterans in this time.



*"you are perfectly unique
just like everyone else"*



For salon services contact Meredith at the front desk (ext. 200). Salon services for CBRF are offered on a rotation on Thursdays and for RCAC on Mondays.

Residents with the least number of salon visits will be granted service requests first.

Currently, we are unable to grant scheduled weekly visits.



Welcome New Staff



Favorite Drink:
Pepsi

Favorite Food:
Pizza

Favorite Color:
Orange

Favorite Candy: Oreos

Birthday:
September 4th



Hobbies: Watching movies, boating, being outdoors, and being with my dog Dexter.

Interesting Fact: I am the youngest of 5 kids.

If you could travel anywhere in the world, where would you go, and why? Bora Bora. For the green waters, and to be on such a beautiful island in a little hut on the ocean with drinks being served in a pineapple.

Staff Anniversaries

Tyler Volzka 12/18

Josie Hansen 12/6

Elizabeth Horstman 12/3

Camille Gerzema 12/26

Mallary Premo 12/14



What's in a Name?



Our newest feathered friend has waited patiently for his name and continues to sing the praises of his new home. His song inspires his friends and entertains all who are in ear-shot to hear him.

He often will compete and try to “out-sing” the lobby radio.

So, we presented the challenge what to name this show-stopping songbird?

Residents and staff alike rose to the challenge. It began on Facebook and has become a fun topic of conversation to entertain and get us through yet another quarantine. Some days we are grateful for the smallest of gifts during difficult times. The best things truly do come in the smallest packages. He reminds us no matter what is happening there is always a reason to sing, always something to find happiness about.

Like every good, honest election. Haha. Wink. Wink. Every vote was counted. Every tally carefully placed, and things were close. We are happy to introduce SpringBrook's newest resident, Buttercup!

*Rub-a-dub-dub,
There's a New
Baby in the Tub!*

**RESIDENT
BIRTHDAYS**

- Oscar Carlson-12/12
- Carol Mbe-12/21
- Bryan Pederson-12/12
- Jan Schmeckpeper-12/14
- Marie Whitehead-12/8

Staff Birthdays

- Hblly Kohlmeier
- Annabelle Walker 12/23
- Maggie Lattos 12/25



Was born on October 29th at 6:09am
8lbs 10oz ~ 22 inches
To the lovely and wonderful Brianna
Salomonsen



Laurie Lachman



Laurie Lachman has over 30 years in food service. Starting out at her parent's diner, Laurie learned the food service business at the age of 14. She was part of the opening team at the Radisson La Crosse where she honed her skills from cold food chef to saucier chef. Moving out of the area for about 12 years, Laurie continued working as a chef and general manager of two full-service restaurants. Laurie returned to the area to manage her own personal chef business. While doing this, serving the elderly became a passion of hers. She lives in La Crosse and her hobbies include gardening and cooking for friends and family. Laurie has one daughter, Rachel, who is now 22 years old and a junior at Viterbo University. She is excited to help provide healthy, well rounded meals to the SpringBrook residents. Laurie is a certified Food Service Manager through the State of Wisconsin and is also a certified Safe Food Manager.

Manager in the Spotlight

DECEMBER 2020



CHRISTMAS

word search



Do you enjoy telling jokes? Can you sing a beautiful tune?

We challenge YOU! Sing or tell a joke to an LEA or Reception staff (call ext. 200) for a chance to win a punch on your "SpringBrook Activity Card".

General Store will be re-opening on a 1:1 basis, participate to earn punches to win merchandise!

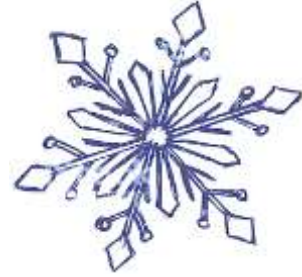
Complete the Christmas Word Search to receive an additional punch on your "SpringBrook Activity Card".

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| U | H | E | G | K | N | P | W | T | S | I | F | S | I | U | C |
| R | O | T | S | S | F | R | E | I | N | D | E | E | R | R | A |
| Y | L | G | M | O | H | E | L | N | S | A | H | A | S | A | N |
| L | I | C | H | R | I | S | T | M | A | S | W | S | Z | X | D |
| I | D | T | F | N | G | E | N | L | N | N | P | M | A | J | Y |
| G | A | F | E | A | L | N | Y | S | T | R | E | E | S | A | C |
| H | Y | S | V | M | A | T | L | Y | A | D | E | R | B | K | A |
| T | J | C | G | E | F | S | S | J | L | A | S | R | D | Y | N |
| S | D | Z | S | N | O | W | F | L | A | K | E | Y | E | A | E |
| R | I | E | N | T | P | A | S | T | O | C | K | I | N | G | S |
| L | A | R | A | S | H | L | A | D | A | X | D | L | E | L | F |
| G | I | N | G | E | R | B | R | E | A | D | I | Y | V | O | P |
| H | A | N | S | F | I | T | F | U | D | R | I | B | B | O | N |

CHRISTMAS
SANTA
HOLIDAY
TREE
ORNAMENTS
PRESENTS
SNOWFLAKE
GINGERBREAD

MERRY
ELF
TOYS
CANDYCANE
STOCKINGS
LIGHTS
REINDEER
RIBBON





FAVORITE CHRISTMAS GIFT

Match the Springbrook Manager to their favorite Christmas Present

Submit your answers to Meredith at the front desk (ext.200) for another punch on your "SpringBrook Activity Card"!

- | | |
|---|--|
| 1. Brianna Haines-Medication Care Manager | A. Engraved bracelet with "Love Mom" on the back |
| 2. Jenelle Heuser-CBRF Administrator | B. Family photos of my children & grandchildren |
| 3. Marcia Hitz-Community Director | C. My son - Wyatt |
| 4. Stephanie Jobe-Housing Specialist | D. Star Map of the moment my Dad went to heaven |
| 5. Laurie Lachman-Food Services Manager | E. Schwinn Lemon Peeler bicycle |
| 6. Karla Miller-Nursing Services Director | F. Newborn Baby Tender Love |
| 7. Melissa Miller-RCAC Administrator | G. Cabbage Patch doll with two front teeth missing |
| 8. Janelle Ottens-Life Enrichment Manager | H. My Velvet doll with "growing hair" |
| 9. Colleen Poth-Scheduling Coordinator | I. Pea Green bike with a banana seat |
| 10. Brianna Salomonsen-Office Manager | J. My son – Matthew |
| 11. Rhonda Walters-Med Care Manager | K. A cedar chest from my parents |
| 12. Don Rackow-Maintenance Coordinator | L. Tickets for a trip to Las Vegas |

